



# FALL 2018

## District Lunch Menu

*Menus are subject to change without notice*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>W1</b> Taco Shell(Tortilla) Seasoned Meat, Cheese Lettuce, Salsa Black Beans w/ Cilantro 100% Fruit Icy	Chicken Nuggets Broccoli Potato Tots Fresh Plum Ranch Dip WG Dinner Roll	Stuffed Crust Pizza Marinara Dip Green Beans Lunch Bunch Grapes	Corn Dog Baked Beans Baby Carrots Diced Fruit Cup	Cheese Bread Sticks Marinara Dip Caesar Salad (Romaine) Fresh Banana
<b>W2</b> Chicken & Cheese Quesadilla Steamed Corn Salsa Dip Fresh Pears	Orange Chicken WG Rice Diced Pineapple Steamed Broccoli	French bread Pizza Tossed Salad w/ Ranch Sliced Pepper Rings Broccoli Fresh Apple Mixed Fruit	<b>Breakfast for Lunch</b> ***** French toast Stick Sausage, Potato Bake 100% Juice Syrup Applesauce	Chicken Sandwich Reg. or Spicy Baked Chips Salad Dressing, Lettuce Sweet Peas Applesauce Cup
<b>W3</b> Taco Shell(Tortilla) Seasoned Meat, Cheese Lettuce, Salsa Black Beans w/ Cilantro 100% Fruit Icy	Chicken Nuggets California Blend Potato Tots Fresh Melon Ranch Dip WG Dinner Roll	5" Personal Pizza Green Beans Sliced Strawberries	Nachos, WG Corn Tortillas Taco Meat Cheese sauce Refried Beans Mango Salsa Apple Slices/ Caramel Dip	Hamburger/Cheeseburger Fresh Grapes Baked Chips
<b>W4</b> Reg/Spicy Pop Corn Chicken Mashed Potatoes Oven Roasted Brussel Sprouts BBQ Dip Fresh Apple Pineapple Dinner Roll	<b>Breakfast for Lunch</b> ***** French toast Stick Sausage, Potato Bake 100% Juice <i>Mixed Berry Fruit Topping/ Dip</i> Applesauce	Stuffed Crust Pizza Marinara Dip Green Beans Lunch Bunch Grapes	BBQ Pork Sandwich Baked French Fries Baked Beans Orange Slices	Hot Dog Chili, Cheese Baby Carrots Ketchup & Mustard Diced Peaches
<b>W5</b> Walking Taco Tortilla Chips, Lettuce, Cheese Seasoned Ground Turkey Salsa Fresh Cutie Clementine	Spicy/Reg Chicken Fingers Broccoli & Cheese Apple Slices BBQ Dip WG Grahams	Pepperoni Slice Pizza Mixed Vegetables Celery w/ PB Raisins (Ants on a log) Peaches	Chicken Sandwich Reg. or Spicy Cucumber Rings Baby Tomatoes Hummus Dip Fresh Apple/Applesauce	Hamburger /Cheeseburger Baked Sweet Potato Puffs Dill Pickle Fresh Melon

### News

#### **Welcome Back!**

**Notice the new cycle menu format for the lunch menu.**

All meals come with choice of milk; no fat, low fat, flavored or unflavored.

We will serve alternate entrée options again this year, Elementary choices are a PB Uncruastable with a cheese stix or a Fruit Yogurt with a cheese stix, fruit & vegetable.

Jr. & Sr. Daily Entrée options, Wraps, PB&J, Yogurt Parfait, Italian Sub, Vegetable & Fruit Bar

#### **-Meal Prices-**

K-12 Universal Free Breakfast  
 Elem. Lunch \$2.45, Sr.-Jr. High  
 \$2.75, Reduced .40  
 Milk .50  
 Adult Breakfast \$1.50  
 Lunch \$3.75

Don't forget to fill the new Free & Reduced meal forms for this school year.

Access your student's meal accounts and you can make online payments.  
 Go to [www.cpschools.org](http://www.cpschools.org)

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