Blood Pressure Worksheet

Answer the following questions.

1. Define blood pressure.

2. Why is monitoring blood pressure important?

3. Identify what unit of measurement is used to measure blood pressure.
   ________________________________.

4. What are the names of the instruments used to measure blood pressure?
   _______________________________ & ________________________________

5. Describe the normal ranges for each type of blood pressure measurement.
   a. ________________________________
   b. ________________________________

6. How is the blood pressure recorded?

7. Record your blood pressure here:

8. Record your pulse rate here: